S.C.Y.R.C.'S
BHAUSAHEB MULAK AYURVED MAHAVIDYALAYA
NANDANVAN NAGPUR
Great Nag Road, Nandanvan, Nagpur- 09
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Department Of Panchakarma

Course Learning Outcomes (CO) AyUG-AT

CO - 1	Students will be able to articulate the foundational concepts of Ayurveda, including the Tridosha theory (Vata, Pitta, Kapha), the concept of Agni (digestive fire), and the role of Ojas, Tejas, and Prana in health.
CO - 2	Students will gain in-depth knowledge of the five main Panchakarma therapies: Vamana (therapeutic vomiting), Virechana (purgation), Basti (enema therapy), Nasya (nasal administration), and Raktamokshana (bloodletting), including their indications, contraindications, and techniques.
CO - 3	Students will learn how to formulate individualized Panchakarma treatment plans based on patient profiles, incorporating dietary recommendations, lifestyle changes, and herbal therapies to enhance the effectiveness of Panchakarma.
CO - 4	Comprehend the ethical considerations and safety protocols essential for practicing Panchakarma, including patient confidentiality, informed consent, and the importance of maintaining a hygienic environment.
CO - 5	Developing effective communication and counseling skills to educate patients about Panchakarma therapies, enabling them to make informed decisions regarding their health and wellness.
CO - 6	Students will explore the current research and evidence supporting the efficacy of Panchakarma therapies and learn how to critically evaluate scientific studies related to Ayurvedic treatments.
CO - 7	Students will be able to recommend appropriate lifestyle modifications and dietary guidelines that are integral to the Panchakarma process and overall Ayurvedic healing.

H.O.D.
Dr. Mahendra N. Agrawal
M.D. (Kaya)
Professor & H. O. D.
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Principal
Dr. Yuwaraj D. Kale
M S. Shalakya (Ayu)
Principal
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