



B.C.Y.R.C' S
BHAUSAHEB MULAK AYURVED MAHAVIDYALAYA
NANDANVAN NAGPUR

Great Nag Road, Nandanvan, Nagpur- 09



www.bmamh.org

Email:- principalbmam@gmail.com

Contact No. 8484881844

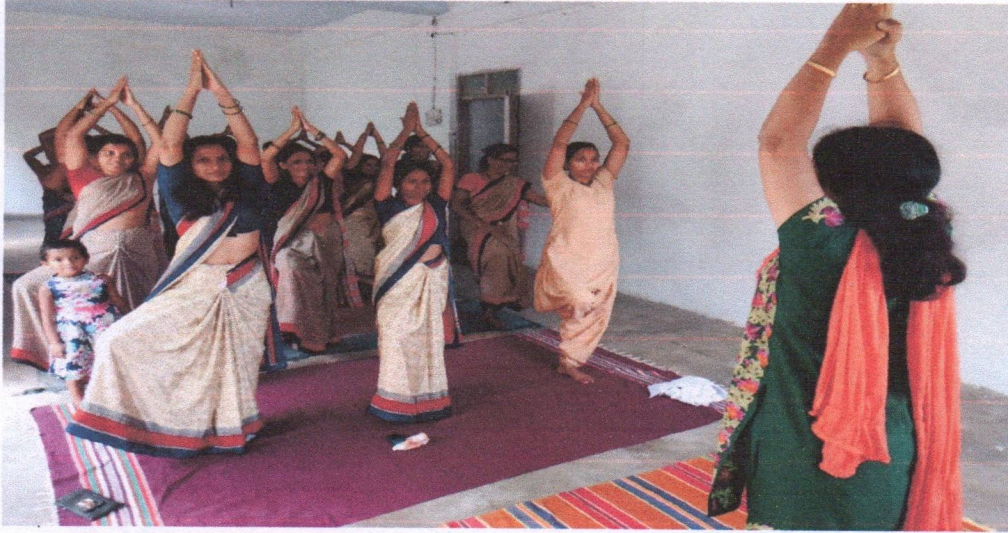
Yoga for common public on the occasion of Women's day

Refn: NAAC 2024/CR 8.1.8

Date-09/03/2023

Brief Report-

On the occasion of Women's day college had arranged a yoga session for women. a yoga demonstrator practiced a different asanas and pranayams useful for womens health. total 18 women's attended the session.



Principal
BMAM Nandanwan, Nagpur

Dr. Yuwaraj D. Kale
M S. Shalaky (Ayu)
Principal
B.M.A.M., Nagpur,

IQAC Co-ordinator
Bhausahel Mulak Ayurved Mahavidyalaya
Nandanvan, Nagpur



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Refn : NAAC 2024/08.8.18

yoga session

Date - 09/03/2023

ATTENDANCE

Sr.No	Name Of Applicants	Signature
1.	ShaliniWadkute	Shalini
2.	ManishaDhengre	manisha
3.	KiranTapre	किरण
4.	ShwetaBonde	श्वेता
5.	VaishaliMeshram	V.M.
6.	KetkiPawar	Ketaki
7.	PoojaBawankar	पूजा
8.	JyotiNarad	ज्योती
9.	SushilaChakole	सुशीला
10.	GauriAdekar	गौरी
11.	SunitaMeshram	Sun.
12.	RitikaGajbhiye	Ritika
13.	LataWandhare	Lata
14.	SakshiChaware	Sakshi
15.	NehaGhatole	नेहा
16.	AyushiBondre	Ayushi
17.	HarshaliPawar	हरशाली
18.	RakhiDudhe	Rakhi

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Yoga for common public on the occasion of International yoga day

Date-22/06/2022

Brief Report-

On the occasion of International yoga day college had arranged a yoga session for public. a yoga demonstrator practiced a various asanas and pranayams and mudras from public. total 29 peoples attended the session.



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ATTENDANCE

Sr.No	Name Of Applicants	Signature
1.	Manoj Bagde	M.B.
2.	Pratibha Kale	y/Pr
3.	Rewati Pawar	Rewate
4.	Shobha Hatwar	Shobha
5.	Vikas Chakole	VK
6.	Kavita Khond	Kavita
7.	Chaya Gedam	Chay
8.	Pallavi Kale	Pk
9.	Nirmala Kakde	Nirmala
10.	Sarswati Sahare	Sarswati
11.	Saroj Patil	Saroj
12.	Pooja Pawar	y/Pr
13.	Pratikrao Hedau	P.H.
14.	Shweta Akhare	Shweta
15.	Chaitanya Gode	Chaitanya
16.	Rupali Hatey	Rupali
17.	Monali Thakre	Monali
18.	Vishwas Pande	Vishal
19.	Rajendra Gedam	Rajendra
20.	Rakesh Warma	Rakesh
21.	Rupali Barapatre	Rupali
22.	Komal Deshmukh	Komale
23.	Madhuri Wagh	Madhuri
24.	Rakshanda Akre	Rakshanda
25.	Harshalatapawar	Harshalata
26.	Vishnu Tayde	V. Tayde
27.	Rahul Umathe	Rahul
28.	Pranjali Shende	Pranjali
29.	Sonali Agarkar	Sonali

mya

IQAC Co-ordinator
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[Signature]
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M. S. Shalakyia (Ayu)
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Therapeutic yoga



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By LAXMI



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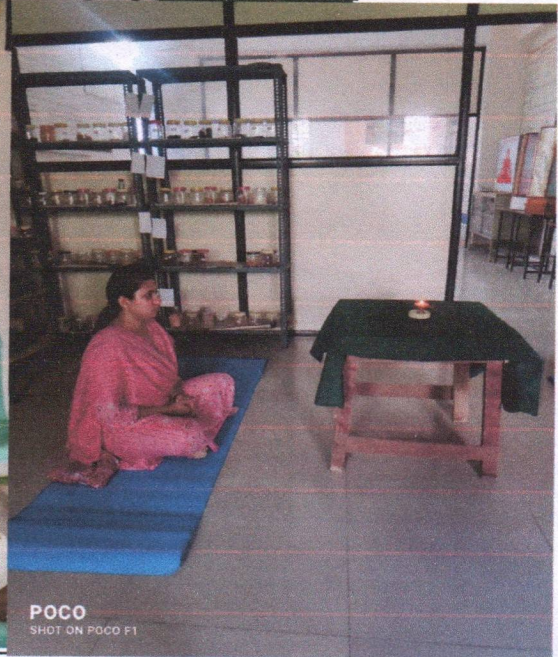


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Advanced yogic practices



POCO
SHOT ON POCO F1

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