On 3rd January 2022 on the occasion of the 75th Azadi Ka Amrut Mahotsava (AKAM) by NCISM, Dravyaguna Department of Bhausaheb Mulak Ayurved Mahavidyalaya Nagpur had organized the school visit programme on topic “Ayush Kadha Parichaya Evam Vyadhi Kshmatva Vardhan (Covid19)” (Introduction & Importance of Ayush Kadha to enhance Immunity with respect to Covid 19) at Nava Maharashtra High School, Kharbi Road Nagpur.

In Inaugural function, the Chairperson Principal of Nava Maharashtra High School Smt. Vijaya Chaudhary, Principal of BMAM Nandanvan Nagpur Dr. Meena Alnewar, Co-Ordinator Dr. Bhavana Bhalme were present.

In this programme, ingredients of Ayush Kadha and immunity boosting drugs (Rasayana) exhibition was arranged. Introductory speech was given by Dr. Bhavana Bhalme. Guidance on the topic “Immunity” was given by Dr. Sunita R. Paradkar, Introduction & importance of Ayush Kadha was given by Dr. Pravina S. Daf, Importance of Nasya, Kaval, Gandush was given by Dr. Sachin Mendhe. Method of preparation and doses of Ayush kadha was told by P.G. student Shubham Dhavale, Post Covid management was given by Pawan Verma. This programme was hosted by Dr. Anjali P. Tekade. Vote of thanks was given by PG student Nitin Ambatkar.

Total 45 students and 11 teaching and non-teaching staff were present in this programme. We received wonderful response by students & teaching staff of Nava Maharashtra High School.