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	ARTICLE		JOURNAL	<b>PUBLICATION</b>	NO
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2	Effect of	INTERNATIONAL	WORLD	July 2019	2277
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3	Role of Yogic poses	INTERNATIONAL	IJAAM	Sept 2019	2348
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4	Ayurvedic	INTERNATIONAL	WORLD	Sept 2019	2277
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5	Low impact	INTERNATIONAL	IJAAM	Sept 2019	2348
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